

## Butterfly Host Plants

\*Denotes plants that also attract adult butterflies

<b>Host Plant</b>	<b>Zones</b>	<b>Height</b>	<b>Blooms</b>
'Husker Red' Penstemon ( <i>Penstemon digitalis</i> 'Husker Red')	3-9	30"-36"	June-July
*Tropical Milkweed (also known as Bloodflower) ( <i>Asclepias curassavica</i> )	3-8	30"-36"	July-Frost
Rue ( <i>Ruta graveolens</i> )	4-9	30"-36"	June-August
Lupine 'Russell Hybrids' ( <i>Lupinus polyphyllus</i> 'Russell Hybrids')	4-9	30"-36"	May-June
Helen's Flower (also known as Sneezeweed) ( <i>Helenium hoopesii</i> )	4-9	24"-36"	July-August
Turtlehead ( <i>Chelone</i> <i>lyonii</i> 'Hot Lips')	4-9	24"-30"	August-September
*Butterfly Weed ( <i>Asclepias tuberosa</i> )	3-8	18"-24"	June-July
'Silver Brocade' Artemisia ( <i>Artemisia stelleriana</i> 'Silver Brocade')	3-8	10"-15"	n/a
Violet ( <i>Viola</i> 'Red Giant')	4-8	6"-8"	April-May
*Pansies ( <i>Viola x</i> <i>wittrockiana</i> 'Historic Pansies')	4-9	6"-8"	Early-Late Summer